



## **“Stop violence – Together we´re stronger against violence!”**

Prevention program against violence for children aged 6 to 10

### **Subject:**

Kids can deal with anger and dispute in a non-violent way with empathy, respect and the right conflict management tools.

The prevention program “Stop violence” offers your school the possibility to effectively and sustainably deal with the prevention of violence at all levels (pupils, teachers, parents).

### **Objectives:**

- Strengthening empathy and working out conflict management tools
- Strengthening the class community
- Detecting and processing open and hidden conflicts
- Enabling a constructive outside perspective for class teachers

### **Content:**

- Self-perception and the perception of others
- Differentiating between positive and negative feelings
- Strengthening self-esteem
- Strengthening empathy
- Respecting boundaries
- Defining violence, perceiving violent situations
- Conflict management tools

### **Methods:**

Interactive exercises, group dynamic exercises, role plays, perception exercises, creative design (posters, stories, etc.), discussions, “Halt Gewalt”-Brücke (“Stop violence”-bridge) as a conflict management tool

### **Timeframe:**

- 2-hour parents' evening
- 4-hour training for pedagogues
- 2-hour individual coaching per class
- 10-hour workshops per class with 2 workshop leaders

### **Framework:**

- A big enough room (the whole class, class teacher, 2 workshop leaders)
- Maximum: 1 class per workshop

### **Costs:**

- Parents' evening: € 160
- Training for pedagogues: € 480 per training
- Individual coaching: free of charge
- Workshops: € 1.600 per class

### **Please note:**

**There is also a contingent of sponsored trainings and workshops. For information about conditions and capacities please contact us!**

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