



## “What is sexuality?”

In this workshop we talk about sexuality.

For instance about puberty.

Or about the female body and the male body.

Or about being a woman.

Or about being a man.

We answer questions.

For instance:

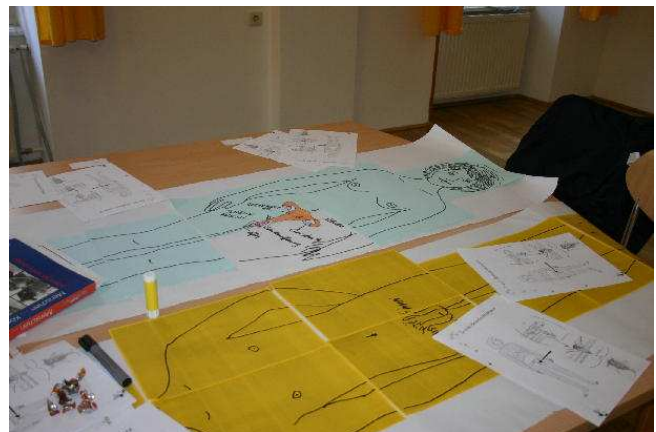
Sex – how does it work?

Where do babies come from?

What is contraception?

**The most important are YOUR questions.**

**We talk about what interests you the most.**



## **Who can participate?**

6 to 10 girls or women with disabilities

6 to 10 boys or men with disabilities

## **Where does it take place?**

In your institution

or

at Hazissa in Graz.

## **When does it take place?**

We will set the date together.

## **How long does it take?**

From 2 to 6 hours.

## **Who does this?**

Christine Bramerdorfer works with women.

Christoph Schnabl works with men.

Please call us.

Or write us an email.

Then we can arrange everything.

Our telephone number: 0316 / 90370160

Our email: [office@hazissa.at](mailto:office@hazissa.at)

Our address: Hazissa, Karmeliterplatz 2, 8010 Graz



**Hazissa**

**Karmeliterplatz 2**

**A-8010 Graz**

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ZVR: 035916044 Bankverbindung: Stmk. Sparkasse IBAN AT322081500001046093 BIC STSPAT2G

## Me, you and we!

### **Relationships and differences between them**

There are many different kinds of relationships.

For instance: friendships, colleagues at work, family, romantic relationships and so on.

Sometimes it is difficult to tell them apart.

Sometimes there are problems in relationships.

For instance there can be dispute or jealousy.

It is important to know how to act in a correct way in that case.

In this workshop we will talk about the relationships you have.

You will learn about the differences.

**The most important are YOUR questions.**

**We talk about what interests you the most.**



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## My body – my rules!

**In this workshop we will talk about the difference between sexuality and sexual violence.**

You will hear some things about sexual violence.

You will hear about your rights.

You will hear about where you can get help if you suffer violence.

We will talk about comfortable and uncomfortable touching.

We will play games and make exercises.

We will train to say “No!”

We will talk about body boundaries.

We will train how to defend yourselves.

Important:

**We will talk about the things you are interested in.**

**You can decide what you want to tell.**



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