



## Counseling and accompaniment

### Individual counseling and team counseling

#### **Subject:**

Individuals or teams receive temporary support in processing a concrete topic. A professional, competent counselor accompanies the processing of current questions like:

- Dealing with proximity and distance
- Border violations / sexualized infringements / sexualized violence
- Rules for “normal” sexuality
- Sex education

#### **Content:**

- By agreement

#### **Timeframe:**

- By agreement

#### **Costs:**

- Initial counseling: free of charge
- € 120 per counseling hour (one counselor), plus travel expenses
- Date and place by agreement

## **Individual supervision and team supervision**

### **Subject:**

Supervision is a specific form of counseling which is used as support in professional matters. Under the instruction of a supervisor questions and issues concerning sexualized violence, sexuality and prevention of sexualized violence are processed.

- Dealing with proximity and distance
- Border violations / sexualized infringements / sexualized violence
- Attitudes and positions concerning sexuality
- Team-culture, error-culture and feedback

### **Content:**

- By agreement

### **Timeframe:**

- By agreement

### **Costs:**

- Initial counseling: free of charge
- € 120 per counseling hour (one counselor), plus travel expenses
- Date and place by agreement

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## **Crisis intervention**

### **Subject:**

Sexualized violence or suspect cases of sexualized violence in professional or private settings always releases an abundance of emotions and uncertainties. Professional accompaniment supports the concerned in dealing with concernment, anger, feelings of guilt and fears. Questions can be answered and competences increased.

### **Objectives:**

Crisis intervention supports pedagogues and reference persons to deal with cases of sexualized violence in a professional way to protect and support the concerned child, adolescent or person with disability in an optimal way.

### **Content:**



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- By agreement

### **Timeframe:**

- By agreement

### **Costs:**

- Initial counseling: free of charge
- € 120 per counseling hour (one counselor), plus travel expenses
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## **Support in creating a sex education concept**

### **Subject:**

Attitudes concerning sexuality and sexualized infringements can differ from person to person. This could lead to uncertainties in dealing with sexuality and sexualized violence and infringements. Pedagogical institutions (schools, kindergartens, boarding schools, clubs, institutions caring for persons with disabilities...) have to deal with the institutional and personal attitude and establish a common sense.

The sex education concept should extend existing pedagogical concepts and guidelines. The concept regulates the dealing with sexuality, the implementation of comprehensive preventive measures, guidelines and intervention plans.

### **Objectives:**

The increasing of the employees' competences and the strengthening of the children, adolescents, women and men with disabilities and seniors through the prescription of:

- Common attitudes on sexuality, clear positions on sexualized infringements,
- transparent guidelines and "rules" for dealing with "normal" sexuality and sexualized infringements in the institution,
- clear directives and intervention plans for dealing with sexualized violence.

### **Timeframe**

- 5 appointments with the working group (3 hours each) to create the sex education concept
- 1 appointment (2 hours): presentation of the concept for all employees
- 2 appointments (4 hours each): implementation and evaluation of the concept

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## Framework

- The comprehensive training and further education of all employees (see “training for pedagogues”) is the basic condition to create a common sex education concept.
- Place and date by agreement

## Costs

- € 3.000 inkl. documents, plus travel expenses (Sex education concept, excluding further education)

## Please note:

**There is also a contingent of sponsored trainings and workshops. For information about conditions and capacities please contact us!**

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